

# August 2023 Newsletter



## **Germs Live in the Respiratory System**

Know where germs live to stop spread and protect patients.

#### Where are the Risks?

- When an infected person talks, breathes, sneezes, or coughs, they produce respiratory droplets that could spread germs.
- Germs are more likely to spread in places with poor ventilation or lots of people.
- Germs in the nose and mouth can be spread to the skin and hands when people touch their faces, which can then spread to surfaces or other people.

#### Germs that Live on Devices

- Pseudomonas
- Staphylococcus aureus MRSA (staph, including MRSA) (tip of the nose)
- Viruses, like infuenza and SARS-CoV-2

#### Healthcare Tasks Involving the Respiratory System

- Oral care (e.g., toothbrushing)
- CPAP use for sleep apnea
- Intubation
- Giving nebulized medication

#### Infection Control Action to Reduce Risk

- Hand hygiene
- Use of personal protective equipment (respirators, eye protection)
- Source control (masking)
- Cleaning and disinfection
- Respiratory hygiene/cough etiquette
- Ventilation



Scan for FREE educational videos:



Learn how to prevent the spread of infections with CDC infection control trainings, posters, and resources.



### Office Hours Call Link:

**Join us!** Office hours are the 2<sup>nd</sup> Wednesday of each month at 11:00 am CST. Each month we focus on an *Infection Prevention* tip. *Learn, share, network!* 

The **South Dakota Foundation for Medical Care** is inviting you to a scheduled Zoom meeting. Join here: