# 🕝 🌐 🕑 🛛 South Dakota Project Firstline



## September 2024 Newsletter

This project is sponsored by the SD DOH HAI/AR Program

### **Infection Control Actions: Respiratory**

Stop the spread of viral respiratory infections like influenza, RSV, and COVID-19.

Guidance for Healthcare Professionals: Infection Control Actions for Respiratory Viruses

#### Pathways for germs to spread

- Breathing in the germs in respiratory droplets
- Splashes and sprays that get into your eyes, nose, or mouth
- Touch, germs in the nose and mouth can easily spread to your skin and hands, which can then spread those germs to other surfaces, devices, and people.

#### Masking

- Respiratory viruses spread by respiratory droplets, very large to very small.
- Masks block these droplets
- When needed and used correctly, respirators filter respiratory droplets as air is breathed in & out.
- Wearing masks and respirators in healthcare facilities will protect you, your patient, and your coworkers.

### Hand hygiene and routine cleaning & disinfection help remove or destroy respiratory viruses

- Alcohol based sanitizer inactivates viral particles.
- Soap and water carry viral particles off the skin.
- EPA-registered disinfecting products destroy the virus.

#### Office Hours Call Link:

**Join us!** Office hours are on the 2<sup>nd</sup> Wednesday of each month at 11:00 am CST. Each month we focus on *Infection Prevention* tips. *Learn, share, network!* 

Join the **South Dakota Foundation for Medical Care** scheduled Zoom meeting for August's Office Hours, Register here: <u>https://us02web.zoom.us/meeting/register/tZErceygqTotHdwQpfrjApSA-nQwCd5oe99P</u>





#### Scan for FREE educational videos:



Learn how to prevent the spread of infections with CDC infection control trainings, posters, and resources.

