# South Dakota Project Firstline



sd project FIRSTLINE

## December 2024

### Newsletter



This project is sponsored by the South Dakota Healthcare Associated Infections/Antibiotic Resistance Programs

### **Infection Prevention/Control: GUT**

Germs That Live in the Gut: E. coli, Klebsiella, Candida, and Clostridiodes difficile (C. diff).

#### WHERE IS THE RISK?

#### Know where germs live to stop spread and protect patients

- The gut is filled with bacteria and some yeasts, which are part of a healthy immune system.
- Most gut germs don't cause problems in healthy people, but they can cause infection when they spread.
- Germs in stool can spread onto hands and skin when wiping or changing a diaper.

#### Healthcare Tasks Involving the Gut

- Toileting/changing diapers
- Bathing a patient
- Laundry

#### Infection Control Actions to Reduce Risk

- Hand hygiene
- Use of personal protective equipment (gloves and gowns)
- Cleaning and disinfection
- Textile management
- Waste management

HEALTHCARE WORKERS



#### Scan for FREE educational videos:



Learn how to prevent the spread of infections with CDC infection contro trainings, posters, and resources.



Practicing these infection control actions together effectively stops the spread of germs.

• Infographic: <u>Germs Live In "The GUT."</u>

Office Hours Call Link:

**Join us!** Office hours are on the 2<sup>nd</sup> Wednesday of each month at 11:00 am CST. Each month we focus on *Infection Prevention* tips. *Learn, share, network!* 

Join the **South Dakota Foundation for Medical Care** scheduled Zoom meeting for August's Office Hours, Register here: <u>https://us02web.zoom.us/meeting/register/tZErceygqTotHdwQpfrjApSA-nQwCd5oe99P</u>